

**ARE WE LIFTING OUR HEADS “ABOVE THE MIST”?  
TO LOVE ONE’S ENEMIES IS TO HAVE NO ENEMIES  
(ref. Mis. p. 8. & p. 355)**

*“JOSEPH: Pure affection blessing its enemies.” (Mary Baker Eddy)*

Bible

**Genesis 37**

3 Israel loved Joseph more than any of his other sons. 4 When his brothers saw that their father loved Joseph more than any of them, they hated him. 5 One day, Joseph told his brothers. 6 "Listen to this dream I had: 7 We were all binding sheaves of grain in the field when suddenly my sheaf rose and stood upright, and your sheaves bowed down to it." 8 They said, "It sounds like you intend to rule us." Joseph had no answer. 9 But then he had another dream and told it to his brothers. "In this other dream," he said, "the sun, the moon and stars were bowing down to me." When his brothers heard that, they hated him even more.

10 When Joseph told his father, Jacob, his dream, Jacob said, "Are you actually saying that your mother and I, and your brothers, are going to bow down to you?" Joseph had no answer, 11 and his father kept it to himself. But his brothers' jealousy and hatred grew.

12 One day, they decided to kill him. 19 "We'll throw him into a cistern," they said, "and tell our father an animal killed him." 23 So they grabbed Joseph 24 and threw him into an empty cistern. At that moment, they saw a caravan of Ishmaelites coming from Gilead and decided instead of killing Joseph, they would sell him as a slave to the Ishmaelites and make a profit from him.

34 The Ishmaelites in turn sold Joseph to Midianites who sold him in Egypt to Potiphar, who was Pharaoh's captain of the guard. 1 Two years passed in Egypt for Joseph. And it happened at the time that Pharaoh was having dreams. One dream was of seven cows, sleek and fat. 3 and of seven cows, ugly and gaunt. 5 Then a dream of seven heads of grain that were healthy and good, and after them, heads of grain that were thin and scorched. Pharaoh was terrified.

8 None of Pharaoh's magicians could interpret the dreams, 9 but his chief cupbearer told him about Joseph, who was good at interpreting dreams. 14 So Pharaoh sent for Joseph, told him his dreams and 29 Joseph told Pharaoh that, "Seven years of great abundance are coming to Egypt, 30 but seven years of famine will follow.

34 "Let Pharaoh collect all the food of the good years and store up the grain to be used during the seven years of famine so the country will thrive and not be ruined." 37 Pharaoh was in awe of Joseph and said, "God has made all this known to you, hasn't he? There is no one in Egypt this discerning and wise. I'm making you governor of the entire country. Only in the throne will I be greater than you." 47 And during the seven years of abundance the land produced plentifully. 54 Then when the seven years of famine began, there was still bounty in Egypt. 55 And since the famine was severe throughout the world, all the countries around Egypt came to Joseph to buy grain – including Joseph's brothers.

Now when Joseph's brothers approached him to buy food, they didn't recognize him. He was sixteen years older than when they had sold him into slavery. So they bowed down to him and offered him money for food. 7 As soon as Joseph saw them, however, he recognized them - but pretended not to.

Later, when he was alone with his brothers, he began to weep and told them who he was. They looked at him, certain he would want revenge, and they were terrified. 4 But he said to them, "No, don't be afraid. Come close to me. And don't be angry with yourselves for what you did to me. The truth is, it is God who does everything. He sent me ahead of you to preserve the land and preserve you. 8 It wasn't you who set me on this path. It was God." 25 Then he ordered his servants to fill their bags with grain, supplied them with full provisions for their journey home, and gave them back all their money.

### **Matthew 5:44-47**

Jesus said to his disciples, "You're familiar with the old written law, 'Love your friend,' and its unwritten companion, 'Hate your enemy.' I'm challenging that. I'm telling you to love those you perceive as enemies. Let them bring out the best in you, not the worst. When someone is small-minded, mean or hostile, respond with love, with the energies of prayer, for then you are working out of your true self, your God-created self. You're doing what God does. He gives his best to everyone, regardless – gives it to the good and the bad, the nice and the nasty. The rain, after all, falls on the just and the unjust. If all you do is love people who are lovable, do you expect a medal? Any run-of-the-mill sinner can do that.

### **Isa. 2:22**

Cease ye from man, whose breath is in his nostrils.

### **John 7:24**

Judge not according to the appearance, but judge righteous judgment.

### **Colossians 3**

1 Set your hearts and minds on things above, not on earthly things. 12 Clothe yourselves with compassion, kindness, humility, gentleness and patience.

### **1 Corinthians 15:58**

Be steadfast, my beloved, immovable, always excelling in the work of the Lord, because you know that in the Lord your labor is never in vain.

## **Science and Health & Prose Works**

### **Mis. 355:10-25**

To strike out right and left against the mist, never clears the vision; but to lift your head above the mist, is a sovereign panacea.

### **SH 240:27**

The divine method of paying sin's wages involves unwinding one's snarls, and learning from experience how to divide between sense and Soul.

**S&H 589:19**

JOSEPH: ... pure affection blessing its enemies.

**Mis. 8:8-11:14**

Who is your enemy that you should love him? Is it a creature or a thing outside your own creation?

**S&H 419:8**

Observe mind instead of matter. Think less of material conditions and more of spiritual.

**SH 393:12-13**

Rise in the strength of Spirit to resist all that is unlike good.

**Mis. 355:10-25**

“Cast the beam out of your own eye.” Learn what in your own mentality is unlike “the anointed,” and cast it out; then you will discern the error and remove it, and rest like the dove from the deluge.

**Mis. 8:8-11:14**

Can you see an enemy, except you first formulate this enemy and then look on the object of your own conception?

**SH 262:9-14**

We cannot fathom the nature and quality of God’s creation by diving into the shallows of mortal belief.

**Mis. 8:8-11:14**

“Love your enemies” is identical with “You have no enemies.” Whatever envy, hatred, revenge — the most remorseless motives that govern mortal mind — whatever these try to do, shall “work together for good to them that love God.” Why? Because the good cannot lose their God, their help in times of trouble. If they mistake the divine command, they will recover it, retrace their steps, and reinstate God’s orders, more assured to press on safely. Then Heaven comes down to earth, and mortals learn at last the lesson, “I have no enemies.”

Even in belief you have but one (that, not in reality), and this one enemy is yourself — your erroneous belief that you have enemies, the belief that evil is real, that anything but good exists in Science.

**Mis. 74:13-5**

Christ Jesus’ earthly mission was to translate substance into its original meaning, Mind. His sense of matter was the opposite of what mortals entertain. He proved the fallacy of the theory that matter is substance; he removed any supposition that matter is intelligent, or conscious, that it can recognize or express pain or pleasure.

If you will admit, with me, that matter is neither substance, intelligence, nor Life, I will give you all that is left of it, which is nothing; and you will have touched the hem of Jesus’ idea of matter.

**S&H 258:13**

God expresses in man the infinite idea forever developing itself, broadening and rising higher and higher from a boundless basis.

**SH 86:29-1**

Mortal mind sees what it believes as certainly as it believes what it sees. It feels, hears, and sees its own thoughts. Pictures are mentally formed before the artist can convey them to canvas. So is it with all material conceptions.

**Mis. 8:8-11:14**

Can you see an enemy, except you first formulate this enemy and then look on the object of your own conception?

**Mis. 355:10-25 mortal**

You must know yourself. Mortal mind must pass through three stages of growth, and the first is self-knowledge. Error found out is two-thirds destroyed, and the last third pierces itself.

**SH 240:27**

The divine method of paying sin's wages involves unwinding one's snarls.

**S&H 82:31**

It is wise earnestly to consider whether it is the human mind or the divine Mind which is influencing one.

**SH 299:26**

Corporeal sense, or error, may seem to hide Truth, health, harmony and Science, as the mist obscures the sun or mountain; but Science, the sunshine of Truth, will melt away the shadow and reveal the celestial peaks.

**S&H 550:3**

Of what avail is it to investigate what is miscalled material life, which ends, even as it begins, in nameless nothingness?

**S&H 489:1**

Any hypothesis which supposes life to be in matter is an educated belief.... and as consciousness develops, this belief goes out -- yields to the reality of everlasting Life.

**S&H 419:8**

Observe mind instead of matter, lest anything unfit for development enter thought. Think less of material conditions and more of spiritual.

**S&H 553:29**

There is no such thing as mortality, nor are there any mortal beings.

**Ret. 21:13**

It is well to know that our material, mortal history is but the record of dreams, not of man's real existence, and the dream has no place in the Science of being. It is "as a story that is told." The heavenly intent of earth's shadows is to chasten the affections, to rebuke human consciousness and turn it gladly from a material, false sense of life and happiness, to spiritual joy and a spiritual estimate true of being.

**S&H 554:8**

Error is always error. It is no thing.

**S&H 372:1**

Brain is not mind.

**S&H 479:8**

Matter cannot see, feel, hear, taste, nor smell. It cannot feel itself, see itself, nor understand itself. An image of mortal thought, reflected on the retina, is all that the eye beholds.

**S&H 128:4**

A knowledge of the Science of being extends the atmosphere of thought, giving mortals access to broader and higher realms. It raises the thinker into his native air of insight and perspicacity.

**Mis. 355:10-25**

To strike out right and left against the mist, never clears the vision; but to lift your head above the mist, is a sovereign panacea.

**S&H 91:5**

Let us rid ourselves, therefore, of the belief that man is separated from God, and obey only the divine Principle, Life and Love. Here is the great point of departure for all true spiritual growth.

**SH 393:12-13**

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