

Wednesday Readings  
Put Off The Old Man  
Bible (NIV unless noted)

Psalm 103:15-16

The life of mortals is like grass, they flourish like a flower of the field; the wind blows over it and it is gone, and its place remembers it no more.

Job 14:1-3 (to ?)

Mortals, born of woman, are of few days and full of trouble. They spring up like flowers and wither away; like fleeting shadows, they do not endure. Do you fix your eye on them?

Genesis 3:19 *2<sup>nd</sup> you* (MSG)

you started out as dirt, you'll end up dirt.

Genesis 25:19

This is the account of the family line of Abraham's son Isaac.

Abraham became the father of Isaac, and Isaac was forty years old when he married Rebekah daughter of Bethuel the Aramean from Paddan Aram and sister of Laban the Aramean.

Isaac prayed to the LORD on behalf of his wife, because she was childless. The LORD answered his prayer, and his wife Rebekah became pregnant. The babies jostled each other within her, and she said, "Why is this happening to me?" So she went to inquire of the LORD.

The LORD said to her, "Two nations are in your womb, and two peoples from within you will be separated; one people will be stronger than the other, and the older will serve the younger."

When the time came for her to give birth, there were twin boys in her womb. The first to come out was red, and his whole body was like a hairy garment; so they named him Esau. After this, his brother came out, with his hand grasping Esau's heel; so he was named Jacob.

Once when Jacob was cooking some stew, Esau came in from the open country, famished. He said to Jacob, "Quick, let me have some of that red

stew! I'm famished!" (That is why he was also called Edom.)

Jacob replied, "First sell me your birthright." "Look, I am about to die," Esau said. "What good is the birthright to me?" But Jacob said, "Swear to me first." So he swore an oath to him, selling his birthright to Jacob. Then Jacob gave Esau some bread and some lentil stew. He ate and drank, and then got up and left.

Genesis 27:5-10, 21-24, 27 *When (to 2<sup>nd</sup> him), 41*

Now Rebekah was listening as Isaac spoke to his son Esau. When Esau left for the open country to hunt game and bring it back, Rebekah said to her son Jacob, "Look, I overheard your father say to your brother Esau, 'Bring me some game and prepare me some tasty food to eat, so that I may give you my blessing in the presence of the LORD before I die.' Now, my son, listen carefully and do what I tell you: Go out to the flock and bring me two choice young goats, so I can prepare some tasty food for your father, just the way he likes it. Then take it to your father to eat, so that he may give you his blessing before he dies."

Then Isaac said to Jacob, "Come near so I can touch you, my son, to know whether you really are my son Esau or not."

Jacob went close to his father Isaac, who touched him and said, "The voice is the voice of Jacob, but the hands are the hands of Esau."<sup>23</sup> He did not recognize him, for his hands were hairy like those of his brother Esau; so he proceeded to bless him.<sup>24</sup> "Are you really my son Esau?" he asked. "I am," he replied.

When Isaac caught the smell of his clothes, he blessed him...

Esau held a grudge against Jacob because of the blessing his father had given him. He said to himself, "The days of mourning for my father are near; then I will kill my brother Jacob."

Genesis 32:3-8, 24-30

Jacob sent messengers ahead of him to his brother Esau in the land of Seir, the country of Edom. He instructed them: "This is what you are to say to my lord Esau: 'Your servant Jacob says, I have been staying with Laban and have remained there till now. I have cattle and donkeys, sheep and goats,

male and female servants. Now I am sending this message to my lord, that I may find favor in your eyes.’”

When the messengers returned to Jacob, they said, “We went to your brother Esau, and now he is coming to meet you, and four hundred men are with him.”

In great fear and distress Jacob divided the people who were with him into two groups, and the flocks and herds and camels as well. He thought, “If Esau comes and attacks one group, the group that is left may escape.”

So Jacob was left alone, and a man wrestled with him till daybreak. When the man saw that he could not overpower him, he touched the socket of Jacob’s hip so that his hip was wrenched as he wrestled with the man. Then the man said, “Let me go, for it is daybreak.”

But Jacob replied, “I will not let you go unless you bless me.” The man asked him, “What is your name?” “Jacob,” he answered. Then the man said, “Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome.”

Jacob said, “Please tell me your name.” But he replied, “Why do you ask my name?” Then he blessed him there. So Jacob called the place Peniel, saying, “It is because I saw God face to face, and yet my life was spared.”

Psalm 119:18

Open my eyes that I may see wonderful things in your law.

Psalm 119:17 *not* (MSG)

...not for a minute will I take my eyes off your road.

Colossians 3:3-4 (to you.), 5, 8, 9-12 *You’re*, 14 (MSG)

Your old life is dead. Your new life, which is your real life—even though invisible to spectators—is with Christ in God. He is your life. When Christ (your real life, remember) shows up again on this earth, you’ll show up, too—the real you, the glorious you.

And that means killing off everything connected with that way of death: sexual promiscuity, impurity, lust, doing whatever you feel like whenever you feel like it, and grabbing whatever attracts your fancy. That’s a life shaped by things and feelings instead of by God. ... you know better now, so

make sure it's all gone for good: bad temper, irritability, meanness, profanity, dirty talk.

You're done with that old life. It's like a filthy set of ill-fitting clothes you've stripped off and put in the fire. Now you're dressed in a new wardrobe. Every item of your new way of life is custom-made by the Creator, with his label on it. All the old fashions are now obsolete. Words like Jewish and non-Jewish, religious and irreligious, insider and outsider, uncivilized and uncouth, slave and free, mean nothing. From now on everyone is defined by Christ, everyone is included in Christ.

So, chosen by God for this new life of love, dress in the wardrobe God picked out for you: compassion, kindness, humility, quiet strength, discipline. And regardless of what else you put on, wear love. It's your basic, all-purpose garment. Never be without it.

John 5:2

Now there is in Jerusalem near the Sheep Gate a pool, which in Aramaic is called Bethesda and which is surrounded by five covered colonnades. Here a great number of disabled people used to lie—the blind, the lame, the paralyzed. One who was there had been an invalid for thirty-eight years. When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, “Do you want to get well?”

“Sir,” the invalid replied, “I have no one to help me into the pool when the water is stirred. While I am trying to get in, someone else goes down ahead of me.”

Then Jesus said to him, “Get up! Pick up your mat and walk.” At once the man was cured; he picked up his mat and walked.

Later Jesus found him at the temple and said to him, “See, you are well again. Stop sinning or something worse may happen to you.”

Luke 22:39

Jesus went out as usual to the Mount of Olives, and his disciples followed him. On reaching the place, he said to them, “Pray that you will not fall into temptation.” He withdrew about a stone’s throw beyond them, knelt down and prayed, “Father, if you are willing, take this cup from me; yet not my will, but yours be done.”

Acts 10:39

We are witnesses of everything he did in the country of the Jews and in Jerusalem. They killed him by hanging him on a cross, but God raised him from the dead on the third day and caused him to be seen.

I Corinthians 15:34 (to life.), 50, 51 (to wonderful), 54 *everything* (to immortal.) (MSG)

Think straight. Awaken to the holiness of life.

I need to emphasize, friends, that our natural, earthy lives don't in themselves lead us by their very nature into the kingdom of God. Their very "nature" is to die, so how could they "naturally" end up in the Life kingdom?

But let me tell you something wonderful... We're not all going to die—but we are all going to be changed. ... everything perishable taken off the shelves and replaced by the imperishable, this mortal replaced by the immortal.

I Corinthians 15:53 (KJV)

For this corruptible must put on incorruption, and this mortal *must* put on immortality.

2 Corinthians 5:16-17 *we* (MSG)

...we don't evaluate people by what they have or how they look. We looked at the Messiah that way once and got it all wrong, as you know. We certainly don't look at him that way anymore. Now we look inside, and what we see is that anyone united with the Messiah gets a fresh start, is created new. The old life is gone; a new life burgeons! Look at it!

Science and Health with Key to the Scriptures  
by Mary Baker Eddy

476:1 only, 11-13, 17-18, 21-22

Mortals are the counterfeits of immortals.

Mortals will disappear, and immortals, or the children of God, will appear as the only and eternal verities of man.

Mortality is finally swallowed up in immortality.

Learn this, O mortal, and earnestly seek the spiritual status man, which is

outside of all material selfhood.

494:25

Which of these two theories concerning man are you ready to accept? One is the mortal testimony, changing, dying, unreal. The other is the eternal and real evidence, bearing Truth's signet, its lap piled high with immortal fruits.

308:16-22 np

Jacob was alone, wrestling with error, — struggling with a mortal sense of life, substance, and intelligence as existent in matter with its false pleasures and pains, — when an angel, a message from Truth and Love, appeared to him and smote the sinew, or strength, of his error, till he saw its unreality; and Truth, being thereby understood, gave him spiritual strength in this Peniel of divine Science. Then said the spiritual evangel: "Let me go, for the day breaketh;" that is, the light of Truth and Love dawns upon thee. But the patriarch, perceiving his error and his need of help, did not loosen his hold upon this glorious light until his nature was transformed. When Jacob was asked, "What is thy name?" he straightway answered; and then his name was changed to Israel, for "as a prince" had he prevailed and had "power with God and with men." Then Jacob questioned his deliverer, "Tell me, I pray thee, thy name;" but this appellation was withheld, for the messenger was not a corporeal being, but a nameless, incorporeal impartation of divine Love to man, which, to use the word of the Psalmist, restored his Soul, — gave him the spiritual sense of being and rebuked his material sense.

The result of Jacob's struggle thus appeared. He had conquered material error with the understanding of Spirit and of spiritual power. This changed the man. He was no longer called Jacob, but Israel, — a prince of God, or a soldier of God, who had fought a good fight. He was to become the father of those, who through earnest striving followed his demonstration of the power of Spirit over the material senses; and the children of earth who followed his example were to be called the children of Israel, until the Messiah should rename them. If these children should go astray, and forget that Life is God, good, and that good is not in elements which are not spiritual, — thus losing the divine power which heals the sick and sinning, — they were to be brought back through great tribulation, to be renamed in Christian Science and led to deny material sense, or mind in matter, even as the gospel teaches.

569:3

Every mortal at some period, here or hereafter, must grapple with and

overcome the mortal belief in a power opposed to God.

33:18-21

When the human element in him struggled with the divine, our great Teacher said: "Not my will, but Thine, be done!"--that is, Let not the flesh, but the Spirit, be represented in me.

316:24

The spiritual idea of God, as presented by Jesus, was scourged in person, and its Principle was rejected. That man was accounted a criminal who could prove God's divine power by healing the sick, casting out evils, spiritualizing materialistic beliefs, and raising the dead,--those dead in trespasses and sins, satisfied with the flesh, resting on the basis of matter, blind to the possibilities of Spirit and its correlative truth.

349:31

In Christian Science, substance is understood to be Spirit, while the opponents of Christian Science believe substance to be matter. They think of matter as something and almost the only thing, and of the things which pertain to Spirit as next to nothing, or as very far removed from daily experience. Christian Science takes exactly the opposite view.

355:32

Strangely enough, we ask for material theories in support of spiritual and eternal truths, when the two are so antagonistic that the material thought must become spiritualized before the spiritual fact is attained. So-called material existence affords no evidence of spiritual existence and immortality. Sin, sickness, and death do not prove man's entity or immortality. Discord can never establish the facts of harmony. Matter is not the vestibule of Spirit.

359:11

Even though you aver that the material senses are indispensable to man's existence or entity, you must change the human concept of life, and must at length know yourself spiritually and scientifically. The evidence of the existence of Spirit, Soul, is palpable only to spiritual sense, and is not apparent to the material senses, which cognize only that which is the opposite of Spirit.

216:28-1

When you say, "Man's body is material," I say with Paul: Be "willing rather

to be absent from the body, and to be present with the Lord." Give up your material belief of mind in matter, and have but one Mind, even God; for this Mind forms its own likeness.

34:18

Through all the disciples experienced, they became more spiritual and understood better what the Master had Fellowship with Christ taught. His resurrection was also their resurrection. It helped them to raise themselves and others from spiritual dulness and blind belief in God into the perception of infinite possibilities. They needed this quickening, for soon their dear Master would rise again in the spiritual realm of reality, and ascend far above their apprehension. As the reward for his faithfulness, he would disappear to material sense in that change which has since been called the ascension.

155:21-25

The human mind acts more powerfully to offset the discords of matter and the ills of flesh, in proportion as it puts less weight into the material or fleshly scale and more weight into the spiritual scale.

253:19-21

Matter can make no opposition to right endeavors against sin or sickness, for matter is inert, mindless.

356:9

Jesus reasoned on this subject practically, and controlled sickness, sin, and death on the basis of his spirituality. Understanding the nothingness of material things, he spoke of flesh and Spirit as the two opposites,--as error and Truth, not contributing in any way to each other's happiness and existence. Jesus knew, "It is the spirit that quickeneth; the flesh profiteth nothing."

248:26-4

We must form perfect models in thought and look at them continually, or we shall never carve them out in grand and noble lives. Let unselfishness, goodness, mercy, justice, health, holiness, love--the kingdom of heaven--reign within us, and sin, disease, and death will diminish until they finally disappear.

Let us accept Science, relinquish all theories based on sense-testimony, give



up imperfect models and illusive ideals; and so let us have one God, one Mind, and that one perfect, producing His own models of excellence.

264:32

The universe of Spirit is peopled with spiritual beings, and its government is divine Science. Man is the offspring, not of the lowest, but of the highest qualities of Mind. Man understands spiritual existence in proportion as his treasures of Truth and Love are enlarged. Mortals must gravitate Godward, their affections and aims grow spiritual, — they must near the broader interpretations of being, and gain some proper sense of the infinite, — in order that sin and mortality may be put off.